

# The Easy Path to Privacy

Privacy for normal people



## Goals

This is a talk for everybody

Explain why privacy matters

Recommend effective tools







#### **About me**

#### My name is Andrew Dinh

Interested in digital privacy since high school

Taught digital privacy class at UC Berkeley

Software engineer at Apple

Software engineer at OpenSSL Corporation











## Who are we protecting ourselves from?

#### The most common ones:

People wanting to use your information for nefarious purposes

Blackmail, spam, stolen identities

Surveillance capitalism

Mass surveillance







## "I have nothing to hide"

The most common reply I receive when discussing privacy

Sensitive info: medical records, religious beliefs, sexual orientation, private photos/videos

Even if *you* don't, what about your: parents, children, relatives, friends, future you

The option to share what you want, when you want



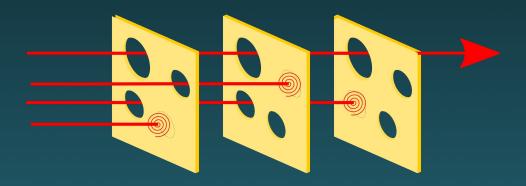
### There is no one solution that fits all

#### **Everybody's situation is different**

Choose what is suited to your unique circumstances

Adopting alternatives has tradeoffs

Swiss cheese model: the more layers, the better





## Why use private alternatives?

More tools = better privacy

Privacy as a selling point — if it's free, you are the product

Benefits of adopting alternatives beyond privacy

Safety in numbers





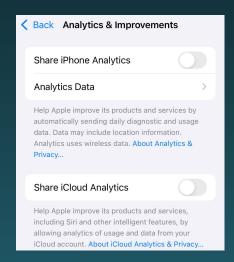


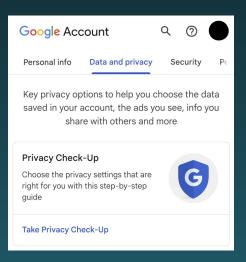
## **Privacy settings**

(Almost) all software will have configurable privacy settings

No download required

Enable multifactor authentication (MFA/2FA)







## Adblocker

#### **Content blocker for ads & trackers**

Tracking scripts follow you across the internet

Recommended: uBlock Origin (FEE) & uBlock Origin Lite (FEE)







## Credential stuffing

Your password likely isn't that unique
Passwords aren't always stored securely
Check on *Have I Been Pwned* website (FREE)

Top 20 most common passwords according to NordPass		
Rank	Password	Count of password uses
1	123456	3,018,050
2	123456789	1,625,135
3	12345678	884,740
4	password	692,151
5	qwerty123	642,638



## **7**Data Breaches

Oh no — pwned! This email address has been found in multiple data breaches.

Review the details below to see where your data was exposed.



## **Password manager**

#### Generate, save, and autofill strong passwords

Secure storage for credit cards, backup codes, passkeys, etc.

Prevents phishing attacks

Cross-device





## Bitwarden extra benefits

Paid individual: TOTP, share passwords with multiple users

Developers: CLI tool, SSH keys

Businesses: enterprise support, CI integration



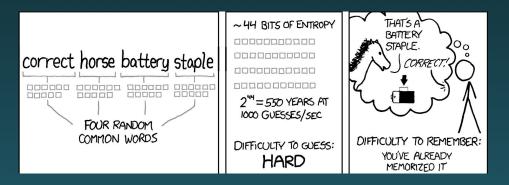


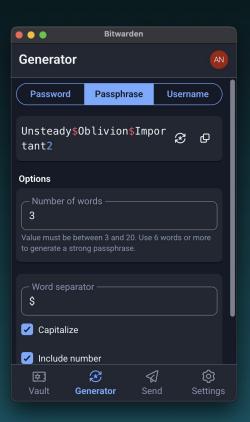
## **Choosing a password**

**Passphrases vs Passwords** 

Easier to type & remember

Still passes password validation







Full comic: xkcd.com/936

#### **Instant chat**

#### **Communicate privately, instantly**

Just works

End-to-end encryption (E2EE)

Minimal metadata

Recommended: Signal ( & Element ( )





Responsive Information in Signal's Possession

Last connection date: 1634169600000 (unix millis)

Account created: 1606866784432 (unix millis)



### **Browser**

#### **Explore online with a browser that doesn't track you**

Seamless import from old browser, works out of the box

Built-in privacy protections

Recommended: Brave (FREE ), Firefox (FREE ), & Safari (FREE )









## **Search engine**

#### **Search anonymously**

Result quality can vary

Recommended: DuckDuckGo ( ), Startpage ( ), Brave Search ( )



Startpage







### **VPN**

#### A VPN doesn't have as many benefits as many people believe

A VPN is just a tunnel

Using a VPN shifts trust

Recommended: Mullvad ( ), ProtonVPN ( )







## **Email aliases**

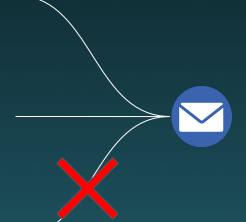
#### Aliases forward messages to your actual email



facebook@mydomain.com



amazon@mydomain.com



myemail@email.com



spam@mydomain.com

## **Email aliases**

#### Hide your real email address

Aliases can be disabled

Aliases can forward to multiple email addresses

Recommended: SimpleLogin ( , Addy.io ( , ICloud Hide My Email ( )









## And many more

Data removal services

Alternative frontends

Operating systems

Payment masking

Email providers

Self-hosting

Fediverse

DNS

Tor





















## **Additional resources**

Privacy Guides: privacyguides.org

The New Oil: thenewoil.org

Personal website: andrewkdinh.com

Email: andrewd@openssl.org



